***Today，Lv Guangyao shares his point of view on good relationships and good life. From his point of view, It is not the money or the fame but good relationship that makes a good life. And he suppose that good relationship is comprised of respect, distance, warmthand so on. Then, he discusses about how to make a good relationship.***

***In that Lv Guangyao said that how to make It is a lifelong question, I wanna to give my own answers from my past 18 years relationship between others.***

***1. Communication***

***We've definitely heard the very cliché “communication is key.” But here’s the thing – it’s a cliché for a reason. Good communication is one of the most important aspects to having a healthy relationship. When starting a new relationship, it’s important to be able to talk about what you both want and expect. Sometimes this means being honest and having uncomfortable conversations, but if you’re in a healthy relationship your partner will be receptive and listen (and you should do the same). Being on the same page as your partner goes a long way and opening up to your partner about what’s bothering you, compromising over your disagreements and complimenting each other are all equally as important. While communication is important, you should both be comfortable with how often you talk to one another. If your partner needs you to always answer right away and text them all day long, and you don’t want that, that’s not healthy. On the flip side, if your partner is always ignoring your texts and it doesn’t make you feel good, then that’s not healthy either. Finding a communication balance that you’re both comfortable with is super important.***

***2. Boundaries***

***We all have personal boundaries on what makes us feel good, comfortable, safe, etc. In a healthy relationship, you should feel 100% comfortable communicating those boundaries and know that they will be respected (and vice versa for your partner). Remember that you shouldn’t feel nervous or scared to set personal boundaries in any relationship. And if you feel like your partner or friend is using boundaries to control you, like telling you not to hang out with friends or requiring you to share passwords, it’s time to rethink the relationship!***

***3. Trust***

***This is a big one. All healthy relationships require mutual and unguarded trust between partners. Regardless of what either partner has experienced in the past, in a healthy relationship your partner will trust you completely. Do remember that it takes time to build trust in a relationship and that when your partner fully trusts you with their feelings, you should respect them and not betray their trust. Cheating on them or doing things to make them jealous isn’t right. On the flip side, if you don’t trust your partner then you shouldn’t be with them. Don't ever let your partner use their lack of trust or past experiences as an excuse to control you, question you or otherwise make you feel as though you need to exert all your strength to earn their trust. Steadfast affection, support, respect, and communication will naturally strengthen the trust in your relationship.***